

## HEARING AND VISION SCREENING

**From: Stephanie Nanstad, RN, School Nurse**

Routine hearing and vision screening as indicated below will be done on a yearly basis. If you suspect a problem with your child at any time during the year, even though he/ she has already been screened, please let me know and a screening can be arranged. You will be notified by letter if your child does not pass the screenings.

|                      |              |
|----------------------|--------------|
| 4K – Vision          | 3rd - Vision |
| K- Vision/Hearing    | 5th - Vision |
| 1st - Vision/Hearing |              |

***Please keep in mind this is only a screening and by no means should this take the place of a formal evaluation by a professional doctor.*** Just a few facts regarding vision:  
> **80% of all learning is achieved through vision.**  
> **School screenings only identify children with Amblyopia(lazy eye) and difficulty seeing the blackboard, school screenings miss some significant eye problems.**  
> **Children with vision problems often become behavior problems in classrooms.**

The following is a list of possible signs of vision or hearing trouble:

### **Vision:**

- Rubs eyes excessively
- Tilts head or thrusts head forward
- Poor concentration
- Sitting too close to the TV
- Has difficulty with reading or other close-up work
- Blinks more than usual or is irritable when doing close-up work
- Reads or does homework reluctantly or hurriedly
- May exhibit disruptive classroom behavior
- Poor visual tracking (following an object)
- Red rimmed, encrusted or swollen eyelids
- Inflamed or water eyes
- Recurring sties(infections) on eyelids
- Eyes itch, burn, or feel scratchy
- Dizziness, headaches or nausea following close-up work
- Blurred or double vision
- Shuts or covers one eye
- Short attention span
- Squints or frowns

### **Hearing:**

- Limited, poor, or no speech
- Seems frequently inattentive
- Voice has increased volume
- Has difficulty learning
- Childhood hearing loss in family members
- Frequent ear infections